



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

DECEMBER

BURLINGTON AREA YMCA

OLD GYM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
6:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM		
7:00 AM							
8:00 AM	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL		
9:00 AM	OPEN GYM 8:00 AM - 12:00 PM	OPEN GYM 8:00 AM - 12:00 PM	OPEN GYM 8:00 AM - 12:00 PM	OPEN GYM 8:00 AM - 12:00 PM	OPEN GYM 8:00 AM - 12:00 PM		
10:00 AM						OPEN GYM 7:00AM-5:00PM	OPEN GYM 12:00-5:00PM
11:00 AM							
12:00 PM							
1:00 PM	OPEN GYM 2:00 PM-9:00 PM			OPEN GYM 2:00 PM-6:00 PM	OPEN GYM 2:00 PM-7:00 PM		
2:00 PM		OPEN GYM 2:00 PM-9:00 PM	OPEN GYM 2:00 PM-9:00 PM				
3:00 PM							
4:00 PM							
5:00 PM	BBALL PRACTICES 4:00-8:00PM			PICKLEBALL OPEN GYM 6:00 PM - 9:00 PM			
6:00 PM							
7:00 PM							
8:00 PM	OPEN GYM 9:00PM						
9:00 PM							

NEW GYM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 5:00 PM					BASKETBALL GAMES 7:00AM-4:00PM	OPEN GYM 12:00-5:00PM
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM		OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 4:00 PM		
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM		BBALL PRACTICES 4:00-5:00PM			BBALL PRACTICES 4:00-5:00PM	OPEN GYM 4:00-5:00PM	
5:00 PM		IBS @YELLOW COURT 5:00PM 6:00PM	BBALL PRACTICES 4:00-9:00PM	BBALL PRACTICES 4:00-9:00PM	IBS @YELLOW COURT 5:00PM 6:00PM		
6:00 PM	YELLOW COURT CLOSED/ TEAL COURT AVAILABLE FOR OPEN GYM 5:00-9:00PM	BBALL PRACTICES 5:00-9:00PM			BBALL PRACTICES 5:00-7:00PM		
7:00 PM							
8:00 PM							
9:00 PM							

IMPORTANT NOTES

Basketball Games end on Dec 13th

Pickleball Tournament on Dec 27th - Both gyms will be closed until 1pm